Essex Plants

SERVING CENTERBROOK, ESSEX & IVORYTON

Essex Land Trust: Earns National Recognition... p.34

Hartford Whalers: Retrospective... p.46



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First Selectman's Corner

Dear Friends and Neighbors,

As fall ushers in the cooler temperatures, the scarecrows have adorned the lampposts in our three villages, jumpstarting this season's events! Coming soon is the Halloween Parade in Essex Village on October 31st; the Trees in the Rigging Carol Sing and Boat Parade on Sunday, December 1st and Ivoryton Illuminations on the first Saturday in December. To find out more about what's happening in our three villages visit the Essex Board of Trade's website at: essexct.com and the Ivoryton Village Alliance website at: ivorytonalliance.org.

I'm proud to report that we are among a very small number of towns in the state that have lowered the mil rate for the second year in a row. We've been able to do this while delivering improved services and enhancing the quality of life in our three beautiful villages. To keep our taxes low and remain a beautiful, safe and desirable destination, we rely on residents to be actively engaged in what's happening in our villages. We encourage citizens to call if they see vegetation overgrowth on poles, trees that need attention, sidewalk damage, or anything else that just doesn't seem right. We operate with a small dedicated crew on a small-town budget and rely on every resident being our eyes and ears. All calls can go to my office at 860-767-4340 x 145. With the hurricane season still upon us, I encourage all residents to prepare an emergency supply kit and have an emergency plan in place if you haven't already done so. The Town has an Emergency Preparedness Guidebook on the website and a link to sign up for the Safer Essex Emergency Alert Program to ensure you receive important community news.



Norm Needleman First Selectman

Lastly, I'd like to extend my sincere gratitude to the many residents in Town who give their time so generously to serve our community. So many of our successes are due to volunteers who serve tirelessly on Town Boards and Commissions, who are members of the Volunteer Fire Department or Essex Ambulance, those who lend a hand to care for plantings along roadways, participate in our parade coordination, and more. We couldn't do it without you!

All the Best, Norm



events

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Essex Community Fund

STUFF-A-CRUISER DATES SET

With the holiday season only days away, ECF and the Essex Police Department's annual Stuff-A-Cruiser dates have been set to help meet the increasing needs of our neighbors at the Shoreline Soup Kitchen & Pantries. Once again, we will be collecting non-perishable food items outside Colonial Fresh Market in Essex on November 22nd and December 13th from 4:00 - 7:00 pm. Mark your calendars and please stop by. Do some shopping and help fill the cruiser.

FUEL ASSISTANCE CHALLENGE UNDERWAY

The Fuel Assistance Program (FAP) is an ongoing program available to residents who meet the funding criteria and provides a one-time fuel drop valued at \$400. ECF brought awareness to the situation by establishing a matching gift challenge which we continue again this year. Members of St. John's Episcopal Church in Essex and friends and family of Peter Bierrie answered our call in years past.

Please consider joining this year's Challenge. Donations can be mailed to the Essex Community Fund (PO Box 614, Essex 06426) with a note that it is for FAP. Thank you in advance for helping us to keep our neighbors warm and to Mary Ellen Barnes, Social Services Director at Essex Town Hall, for administering this important program.

SAVE THE DATE! ECF's 3rd Annual Cheers For Charity March 21, 2020 More details to follow

Grant applications for local non-profits serving Essex, Centerbrook and Ivoryton residents can be submitted beginning October 15, 2019. Visit our website for more information: essexcommunityfund.org.

Sustainable Essex Committee

Official announcements won't be made until November, but on paper Sustainable Essex has completed the work to receive Bronze certification by the Sustainable CT program. wThis certification recognizes Essex as a thriving, resilient, collaborative, and forward-looking community that promotes the health and well-being of residents, while respecting the finite capacity of the natural environment.

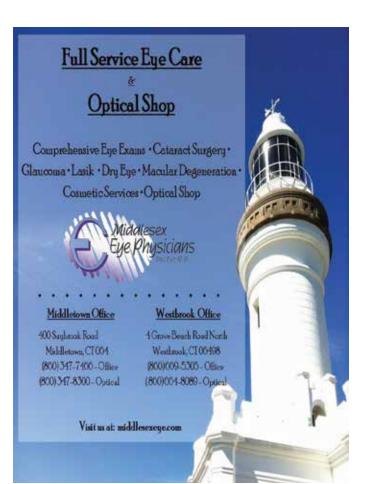
Some projects the committee completed to achieve certification include: hosting a lecture by the CT Green Bank on their Commercial Property Assessed Clean Energy (CPACE) financing program, holding a Community Resiliency Building continued on page 6



Proceeding of the second of th

A culinary safe-haven

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Sustainable Essex Committee... continued from page 5

Workshop led by the Nature Conservancy, working on projects to increase pedestrian and bicycle access between the villages, tracking energy use in municipal buildings and reducing energy use by using renewable energy.

Building on the article in the last edition of Essex Events "Watching our "Waste" line in Essex," this fall we will begin to study ways to reduce the amount of garbage the town produces and help educate residents about this problem. Another issue we hope

to address is the use of plastic. Since not all of it is recycled, and much ends up in landfill, incinerated, or in our oceans, we hope to explore ways to educate residents about this problem and discuss local solutions. To work on these projects, we plan to make use of Sustainable CT's new Community Matching Fund program which provides one-to-one matching funds for sustainably-related projects.

Related news: Ivoryton's L.C. Doane Company closed a financing agreement with the CT Green Bank to use their CPACE program to finance expansion of their solar system adding more than 200 kW of capacity! (ctgreenbank.com.)

INTERESTED IN JOINING?

Contact Betsy D'Amico (Essex Town Hall,) 860-767-4340 x 123. Meetings: 7:00 pm, 4th Tuesday of the month at River COG, 145 Old Dennison Road, Essex, Visitors welcome. Follow us at: //sustainableessex. com/.



Welcome to Essex

Essex consists of three unique villages and is ideally located on the Connecticut River a few short miles from Long Island Sound. Well-known for its beautiful landscapes, majestic trees and gardens, fascinating architecture, and cultural and historical attractions, we are a boating and sailing destination as well. Essex is famous for hosting a multitude of parades throughout the year and offers an outstanding culinary and shopping experience to our residents and visitors. Come experience, explore and enjoy the small-town enchantment of Essex, Connecticut.

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Town Clerk's Office

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WELCOME TO CENTERBROOK, ESSEX & IVORYTON

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46 Crosstrees Hill Rd. Essex 6 Waterside Lane Essex 50 So. Main Street Essex 50 Crosstrees Hill Rd. Essex 16 River Road Dr. Essex 18 Rosewood Lane lvoryton 19 Hickory Lane lvoryton 85 River Road, Unit E-1 Essex 93 Book Hill Road Fssex 60 Main Street Centerbrook Essex 19 Navy Lane 21 Maple Avenue Essex 5 Chord Lane lvoryton 13 Grandview Terrace Essex 55 So. Main Street Essex 1 Mitchel Circle lvoryton 3 So. Cove Lane Essex 7 Hanna Lane Essex 65 Main St. Unit 8 lvoryton 37 Sunset Terrace Essex 85 River Road, Unit C-4 Essex 25 Hemlock Drive Essex 108 Saybrook Road Essex 148 Saybrook Road Essex

LOSS OF RESIDENTS & FRIENDS

JUNE	Margaret Kovach Foster
John G. Weingardt	Mary P. Hooper
Doris E. Ross	Paul J. Pytlik
H. David Frank	Giovanni Frese
Patricia A. Palau	James P. Nash
Earl R. Hughes	Edward S. Van Winkle
Nicholas G. Maravell	Joseph Heller
Thompson W. Crosby Jr.	Ruth Schumacher

JULY

Charles M. Dole Jr. Robert B. Nichols, Jr. Ellen McNally

AUGUST Suzanne Olsen Brown SEPTEMBER

Sandra M. Zanni

Respectfully submitted, Yvonne Roziak Assistant Town Clerk

Scarecrow Display & FestiFall!

ESSEX BOARD OF TRADE HOSTED SCARECROW DISPLAY & SCARECROW FESTIFALL

Beginning October 4, the Essex Board of Trade (EBOT) was delighted to host its annual fall Scarecrow Display on lamp posts along the Main Streets of Essex, Centerbrook and Ivoryton. This year's event was punctuated with a Scarecrow FestiFall on Saturday, October 12.

Amy D'Alessio, President of EBOT, says, "The Essex Scarecrow Display has become a beloved tradition since 2009, with the exception of one year. That year the scarecrows were greatly missed by the community and visitors alike and the EBOT received widespread requests to bring the scarecrows back. Therefore, we're delighted that in 2020, the Scarecrow Display will celebrate its 10-year anniversary of fall festivity and joy in Essex."

This year's scarecrows were once again created by Essex residents and businesses, and were hung on lamp posts by EBOT. Viewers voted for their favorite scarecrow and submitted their choice to one of four locations - J. Alden/Newbury Place, CT River Museum, Savour Café and Bakery, or Ivoryton Tavern. Winners of the scarecrow contest were announced October 14 at: http:// essexct.com.

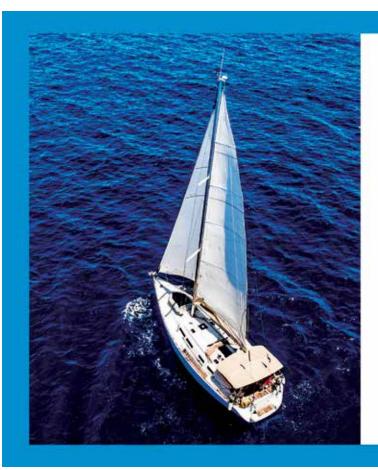


The Essex Scarecrow Display. Above left to right: Moby Dick and Bridezilla.

2019 SCARECROW FESTIFALL

On October 12, a Scarecrow FestiFall took place in Essex Village at both Main Street Park and the Connecticut River Museum. Participating merchants along Main Street joined the fun too, with a Scarecrow Scavenger Hunt for children.

continued on page 10





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Essex Board of Trade FestiFall... continued from page 9

Event Co-chairwoman, Dana Barlow, said, "The festival was a well-rounded and lively experience that appealed to families, residents and visitors alike! Live music by Blues on the Rocks, provided a spirited atmosphere for a beer tasting by 30-Mile High Brewing Company, fall photo booth, kids crafts and games."

For information on the EBOT's upcoming Holiday Stroll, please visit our Experience Essex "Events" page at: http://essexct.com/events/. Join us on Facebook and Instagram.

Left: Scarecrow Survived Last Call!

FISH (Friends in Service Here)

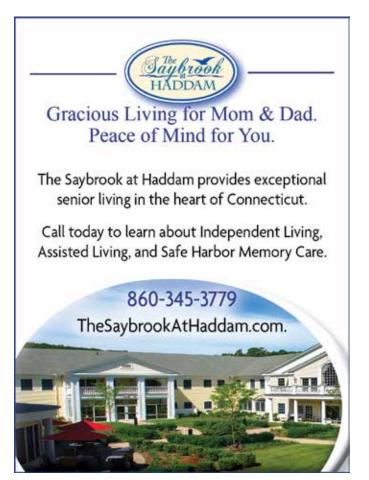
FISH was founded locally in 1970 to provide free rides to medical appointments for residents of Essex, Deep River and Chester. The officers for 2019 are: Henry May, President; Stuart Warner, Vice President; Mary Samburg, Secretary; Barbara Ryan, Treasurer, Dana Hill, Driver Recruitment and Leo Zavatone, Director. Dispatchers are John Heiser and Tony Carrano.

Residents of our three towns wanting rides and having no other means of transportation may call: 860-388-2693 up to noon the day before their appointment (Friday noon for a Monday ride) to schedule a ride for the following day. The destinations are within the triangle of Middletown to the north, Guilford to the west and New London to the east.

In the first 8 months of 2019, FISH drivers provided a total of 747 free rides of which 288 or 39% were for Essex residents. The modest FISH budget is funded by grants from the Essex Community Fund, the Community Foundation of Middlesex County, the Essex Rotary Club, the Essex Savings Bank, the Deep River Community Health Committee, the Town of Chester, Smith Brothers Insurance and other organizations, as well as by contributions from our drivers, riders and friends.

Henry May, Driver and President





www.eventsmagazines.com

Sister Cities Essex Haiti Hosts Deschapelles Clarinetist Castillo Saint Amant

Six years ago Castillo Saint Amant had a desire to play a clarinet because he loved its sound. Through Sister Cities Essex Haiti's music project, Castillo began his studies in Deschapelles with a donated clarinet, and later attended rural music camps organized by Haiti's Ecole de Musique. While pursuing a degree in medical lab technology he studied with the principal clarinetist of the Ecole's Philharmonic. Later he attended workshops held by visiting bands from Yale, Cornell, and Denver and Utah Universities.

This past August, SCEH made it possible for Castillo to travel from Deschapelles to Essex and then to Maine. While in Essex he gave several recitals-at the home of a SCEH board member, for St. John's Church Choir Picnic and at Essex Meadows accompanied by local musicians, clarinetist Russ Becker, pianists Donna Stamm and Betty Austin. Castillo spent one week in Maine at The New England Adult Music Camp as an intern where he was able to participate in all activities.

Castillo is grateful for the gift of learning and perfecting his skills on the clarinet through SCEH Music Project and is giving back to his community of Deschapelles. With friends from the



Philharmonic, he formed a woodwind quintet which led a weeklong music camp in Deschapelles in 2018. He now gives music lessons to youth through a local school's music outreach programs and works in the Hôpital Albert Schweitzer Lab on weekends. Castillo is one example of the difference Sister Cities Essex Haiti programs are making for so many in Deschapelles. For more information: www.sistercitiesessexhaiti.org.



News from the Essex Elementary School Foundation



The Essex Elementary School Foundation (EESF), supported by the residents and community of Essex, is proud to announce a commitment to funding over \$40,000 slated for enrichment programs at Essex

Elementary School (EES) for the 2019-2020 school year. These programs offered at EES would otherwise not be available through traditional funding by the school system and budget.

The funding includes annual programs such as: World Culture Days (Haiti, China and India) for the second grade, Scientist in Residence for Grades K-6 teachers and students, all transportation for High Hopes therapeutic riding classes, and The Makerspace program using 3D printers funded by EESF. Over the last two years, the foundation was able to offer a Science and Technology Grant that was used by EES to help offset the costs to send two state Invention Convention winners to the national competition.

New this school year, EESF will be funding an Artist/Historian in Residence program for the fifth-grade team. Teaching artist, Doug Day will work with the EES team to research, write, and perform a musical based and focused on the rich history of Essex, Ivoryton, and Centerbrook. Doug will spend two weeks at EES working with our 5th graders on this experience culminating in a musical to be performed for the school community.



Another new program funded under this year's grant cycle will be for the introduction of LumoPlay. This software is designed to create interactive virtual reality experiences in order to practice math fluency and other key math skills. LumoPlay, under the guidance of Shannon Vandermale, EES Math Specialist, will allow for a multisensory approach to learning a variety of math concepts and skills. Engaging in multisensory learning has been proven beneficial to students of all learning styles. The annual appeal for EESF begins in mid-November. For more information visit us at: www.essexesf.org.







Bruce Glowac for Selectman

Bruce has served on numerous town and school building projects, completing them on time and under budget. A current Selectman, he was First Selectman from 1991 to 1995, when Essex was named "Best Small Town in America".



Carolyn Field for Board of Finance

Carolyn has 13 years experience in the municipal risk management and finance area. A graduate of Carnegie-Mellon University, she has lived in Essex for a total of 21 years.



Phil Beckman for Board of Finance

Phil is a Principal Engineer at Electric Boat. He is a US Naval Academy graduate and a 24year veteran of the US Navy. He has masters degrees in Operations Research and in Engineering Management.



D.G. Fitton for Region 4 Board of Education

A local businessman, D. G. is currently Vice Chairman of the Region 4 Board of Education. He has served on the boards of many local organizations, and is President of Essex Ambulance Association.



Coral Rawn for Board of Assessment Appeals

Coral has been an Appeals Board member for 12 years. She was formerly on the staff of the Region 4 School District. She has lived in Essex 20 years.

Visit www.esxrtc.org for more information about our candidates.

Paid for by the Essex Republican Town Committee



The Valley Regional Newspaper is Back in Business!

Returning after a long summer, Voices of Valley is in full swing. With ten new freshmen and a few upperclassmen, the paper is bigger than ever. Students are writing articles based on local events and investigations, both in the school and in the community. These range from pieces on sports games to green movements within the school to comics. We've even scored some comp tickets to the most recent Ivoryton Playhouse production for our reviewers! Students are excited about finding new ways to approach each topic, adding their personal spin.

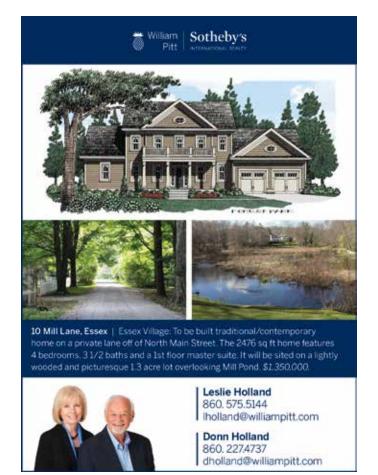
Students will not only have opportunities to explore investigative journalism more than they have in the past, but they'll also have more creative rein. In previous years, Voices of Valley has been restricted to purely information-based news-upcoming games, progress in the music program, etc. However, this year, we've decided to include a literary section, open to poetry, comics, short stories, and even a few satirical pieces. It's much more open-format, allowing students to explore and experiment with new styles, topics, and interests.

This change will be a fresh start on a few counts- the paper has decided to change its name back to Voices of Valley, after a yearlong stint as The Read and Black. In addition to this, we've also decided to transition back to print in order to make it more accessible for all students. We plan to work on design, so that each article looks as good as possible. We also have a team of young photographers who want to get the best angles at every moment. These pictures will accompany the articles, creating visual interest- plus, it's fun to look for pictures of you and your friends among the pages of the school paper.

It's looking to be an exciting year for the newspaper kids at Valley Regional; we'll hopefully be contributing articles to Essex Events as much as we can!

Visit our website at: www.essexct.gov

We hope you will find our website to be a useful tool to find updated information and explore our wonderful community.





Connecticut River Museum News

The summer season is always lively at the Connecticut River Museum! Our campus was bustling with activity all summer long; Summer Adventure Camps, Thursdays on the Dock waterfront concerts, SUP and kayak rentals, and guided hikes were all part of the fun! The Onrust again plied the waters of the Connecticut River, sharing the beauty of our historic river.

On Saturday, September 21, a lucky group spent the day immersed in the Myths and Legends of our Connecticut River Valley. A noted panel of experts provided a scholarly and entertaining approach to exploring the significance of these myths in both word and song.

COMING UP

The third season of Haunted River Ghostly Tales and Valley Lore brings history, theater, and Halloween together in a play and haunted walking tour at the Connecticut River Museum. Haunted River takes place Friday, October 25 through Sunday, October 27.

Don't miss the annual Holiday Train Show at the Connecticut River Museum. Opening on Wednesday, November 27, Steve Cryan brings his 26th incarnation of his family friendly show.

Join the Trees in the Rigging Boat Parade on Sunday, December 1. For more information and to sign up for the Boat Parade, please contact Allison Insall at: ainsoll@ctrivermuseum.org



Testing Water Theories with our new Water Table!

We are excited to announce our newest holiday fundraiser, Mistletoe and Martinis. Join us on Thursday, December 12th for this festive celebration that features signature martinis and seasonal drinks, along with hors doeuvres from a regional caterer, and music!

Also new this year, is "Wreaths of the River Valley" auction. Area businesses, organizations, and families will donate handmade wreaths. If you are interested in donating a wreath, please contact Phyllis Stillman at pstillman@ctrivermuseum.org. Wreath auction bidding opens in the beginning of December and closes during Mistletoe and Martinis.





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goPINK Celebrates 10th Anniversary of Supporting People with Cancer

You can support cancer patients this fall during the 10th anniversary of goPINK. Donations help cover the costs of integrative medicine therapy for all cancer sur-vivors served by Middlesex Health Cancer Center, including those with breast cancer.

Integrative medicine complements conventional cancer treatment. It focuses on the whole person - mind, body and spirit, and can help many patients find relief from pain, neuropathy and other cancer-related symptoms. Patients who are cared for by Middlesex Health Cancer Center in Middletown and Westbrook can choose from acupuncture, reflexology, massage therapy and more.

The local community has donated more than \$215,000 to goPINK since 2010, which has helped more than 1,200 cancer patients receive free integrative medi-cine therapy. To learn more about the month of activities visit: gopinkproject.com.

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Fall & Winter Events at Essex Historical Society



Essex Historical Society offers plenty of programming to warm up these chilly months. All events are open to the public, with little or no admission. Please mark your calendars for these events:

October 12, 4:00 pm: Walking Tour of River View Cemetery. \$5 per person; free to members.

October 20, 4pm: EHS Annual Meeting. Free. Learn about EHS's new programs, plans and debut of the new Pratt House video! Held at the Dickinson Mansion on North Main Street, Essex.

October 31, twilight: Halloween at Pratt House, 19 West Ave., Essex. EHS's own "Witch Hazel" hands out treats to good little ghouls and goblins.

December 1, 4:30 pm: Annual Trees in the Rigging Parade & Carol Sing. Usher in the holidays with the Sailing Masters of 1812, vintage cars, lighted 'boat floats' and more as the cheery street parade steps off from Essex Town Hall. The more, the merrier!

December 7, 10:00 am - 4:00 pm: A decorated Pratt House is open for the Child & Family Agency Holiday House Tour. Tickets available through Child & Family Agency.

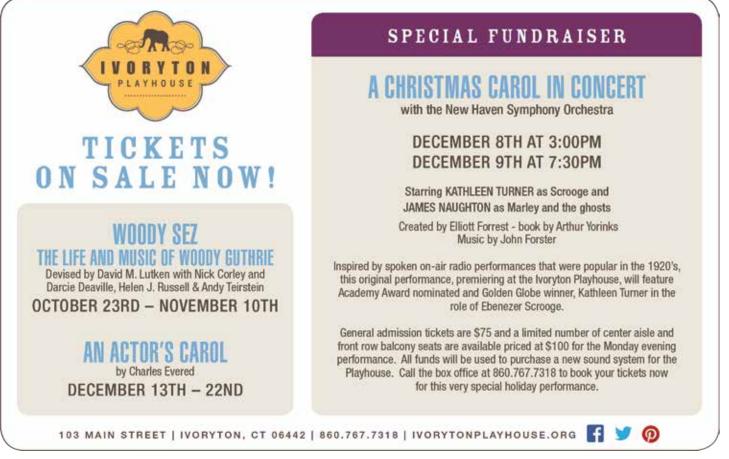


Left: Lighted Boat Float, Trees in the Rigging Parade. Right: Mr. Pratt leads the Community Carol Sing.

December 8, 2:00 - 4:00 pm: Annual EHS Holiday Party. Toast your friends and neighbors with delicious food and libations at EHS's Pratt House, 19 West Ave., beautifully decorated for the holidays.

January 5, 19 and 26, 2020. Learn about your community with engaging speakers at EHS's Annual Winter Lecture Series with hosts Essex Meadows, 30 Bokum Road. This year's theme: "Celebrating Centerbrook."

More information can be found at: www.essexhistory.org or by calling 860-767-0681. Our Hills Academy History Center is open year-round, Tuesday and Thursday mornings, 9:00 am - noon.





Essex Garden Club Announces Officers for 2019-2020

Officers for the Essex Garden Club for 2019-2020 are Augie Pampel, President, Pamela Peters 1st Vice President, MyLan Sarner, 2nd Vice President, Judy Taylor, Recording Secretary, Phyllis Graf, Corresponding Secretary, Barbara Muhlfelder Treasurer, Patricia Mather, Assistant Treasurer

In his opening remarks at the September meeting, Pampel described the club's agenda and activities for the coming year, and introduced the focus for this year as "Hardscapes in the Garden." Hardscaping, as he explained, is a term that refers to the hard elements of a garden, which can include decks, ornamental features, walkways and edging. He went on to say that the President's mission is to maintain our good work through growth. As part of the mission proper balance between the work that needs to be accomplished and to ensure all members display commitment to our mission statement. The EGC has contributed so much in making this a lovely town to live in.



From Left to right: Pamela Peters, Barbara Muhlfelder, Augie Pampel, Judy Taylor and Phyllis Graf.

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kschellens@williampitt.com

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ESSEX - 1850 CT RIVER VIEW CLASSICI Exiteme rerovation of this hine toom, four bedroom, three and a half and hard prolight and bright with an open floor plan, wap around porch, three car gange. Absolutely gongeous!

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We've lowered property taxes two years in a row. We continue to invest in our schools. We've improved public safety, and revitalized key infrastructure. We've managed finances with a view toward long-term stability, and improved our bond rating. Our community is strong and vibrant... building permits for renovation and new construction have set records for the past two years.

> We're proud of our accomplishments, but there's more to do. We ask for your vote to help keep Essex moving forward.



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Stacia Rice-Libby Selectwoman



Campbell Hudson Mary-Louise Polo Board of Finance



Board of Finance



George Wendell Cassandra Sweet Board of Assessment Appeals



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UPCOMING EVENTS AT THE ESSEX LIBRARY ASSOCIATION

All events held at the library unless noted.

Children & Teens CHILDREN'S WEEKLY STORY TIMES

The Essex Library Children's Department will run weekly story times for children from September - December. Those with little ones (aged newborn - 36 months) are welcome to drop in on Fridays at 10:00 am (9/20 - 12/6.) Families with preschool aged children are invited to visit on Thursdays at 10:00 am (9/19 - 11/21.)

BOOK SOCIETY

Join our teen Book Society each month for lively conversation and bookish treats. Check the library website for meeting dates. November 12, 4:30 pm - Eastern Connecticut Ballet Company Visit with the Eastern Connecticut Ballet Company for a Nutcracker themed creative dance program. For more information, please call the Essex Library at: 860-767-1560.

All Ages

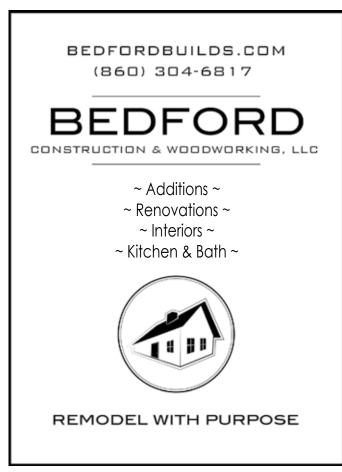
CONNECTICUT RIVER FERRIES October 22, 7:00 pm - Wick Griswold

America's oldest continuously operating ferry service began running between Rocky Hill and Glastonbury in 1655. More than one hundred have operated on the river since the seventeenth century. Explore the enduring cultural relevance of the ferryboats of the Connecticut River.

These often-overlooked vessels participated in the settling of America, the fight for independence, the development of the U.S. economy, and more. The stories of the captains, crews and passengers define the history and personality of the region.

Wick Griswold will discuss the ferry boats that have crossed the CT River for almost 400 years, from the first oar-powered scows of the English settlers, through the age of steam, we will see how the ferries of today evolved and what their future will be.

Wick Griswold teaches at the University of Hartford, has authored three books on the river and hosts a Connecticut River radio program.



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ANNUAL MEETING

October 23, 5:00 pm - Essex Library Association

Association members and the public are welcome to attend as the Board of Trustees hold their annual meeting and welcome the library's new Executive Director, Deborah Smith. Refreshments will be served.

THE TIMELESSNESS OF JAPANESE ARCHITECTURE

- Shinto and Buddhist Masterpieces of Design

October 25, 7:00 pm in The Cube at Centerbrook Architects Architectural Historian Chuck Benson will present an illustrated talk that will unlock the secrets of Japan's two great architectural traditions - Shintoism and Buddhism.

From Ise Shrine for Shintoism to the Buddhist Temples of Horyuji, Todaiji, and Yakushiji, come explore with us this iconic and surprisingly modern tradition of design and architecture that's had a profound effect not only upon its own people - but also on modern architecture in the west as well.

HALLOWEEN

October 31 - Library Trick or Treat

Celebrate Halloween on October 31st by stopping in for a library-themed treat before heading to your next event!

THE BIGGEST LITTLE FARM

November 7, 5:00 pm - Film Screening

The Biggest Little Farm chronicles the eight-year quest of John and Molly Chester as they trade city living for 200 acres of barren farmland and a dream to harvest in harmony with nature.

Through dogged perseverance and embracing the opportunity provided by nature's conflicts, the Chester's unlock and uncover a biodiverse design for living that exists far beyond their farm, its seasons, and our wildest imagination.

KNOW THE TEN SIGNS OF DEMENTIA

November 18, 4:00 pm - Alzheimer's Association, Connecticut Chapter

Memory loss that disrupts daily life may be a symptom of Alzheimer's or other dementia. Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms.

THE STORY OF AMERICAN IMMIGRATION THROUGH MAPS

November Date TBA - Francis Coan

This is a very visual way to understand how the populations, cultures, and time periods have evolved throughout the geography of America.

continued on page 22

A Round of Applause... For Supporting Our Animal Friends.





(860) 347-0025 www.MiddlesexCountyCF.org It takes a community to improve the quality of life for all – neighbors and friends who give their time and resources to support a passion or area of interest. We applaud the good people who are working in partnership to protect wildlife and help provide for the basic needs of animals and their human friends.

Together, we are making a real difference. Thanks to our donors, our nonprofit partners, and the Animals: Respect & Friendship Fund (ARF!), our neighbors in need are able to keep their animals and benefit from their companionship. Together, we are increasing access to veterinary care, keeping pets in homes, and supporting pop-up veterinary clinics for pets owned by seniors living in fixed-income housing.

Thanks to you, by combining our resources, we are able to make even the smallest gift have a big impact - through charitable funds that support not only animal welfare, but also arts and culture, health and social services, education, the environment, history, civic improvements, recreation, and economic security and opportunity.

We celebrate all of you who share the same desire to help our local community thrive today, *and tomorrow*.

We invite you to learn more by calling us or visiting us online.

Essex Library... continued from page 21

Also recommended: WATERCOLORS BY IMW TURNER

October 29, 7:00 pm - Mystic Seaport Museum Mystic Seaport Museum, in partnership with Tate, London, will host a major monographic exhibition devoted to the watercolors of one Britain's greatest painters: J.M.W. Turner (1775-1851.) Mystic Seaport Museum will be the only North American venue for the exhibition. The exhibition - curated by David Blayney

Brown, Tate's Manton Senior Curator of British Art 1790-1850 will provide an exceptional opportunity to see key works spanning the entire career of the famous artist. A unique collection of 97 works, the selection will provide a view into the evolution of the artist's vision and creative process. The exhibition at the Museum - divided into six thematic sections - focuses on the critical role played by watercolors in defining Turner's deeply personal style.

Ivoryton Library

Once again, the Ivoryton Library will be collecting toys for the children during this holiday season. We keep it local by partnering with Child and Family Agency who will receive all the donations and will distribute them to area families. The boxes will be up November 1 and we will be collecting well into December. Bring new, unwrapped toys any time during library hours or visit the library during Ivoryton Illuminations on Saturday, December 7 from 5:00 - 8:00 pm. While you're here, write a letter to Santa or send a card to our troops. We suspect that one of Santa's

elves may be taking a quick rest in the library. Come see if you can find her!

There's a new book group at the Ivoryton Library. Do you read biographies? Join the Facts and Fibs Book Club. Meeting on the third Tuesday of the month, this group focuses on biographies, autobiographies and memoirs. See our website for the current title, www.ivorytonlibrary.org.

This new book club is private and not hosted by the library. Do you have a group or organization in need of a meeting

space? Call and see if our available spaces and times will work for you.

As the weather cools and the sun sets earlier, you may find yourselves indoors more. Aside from the usual offerings here, remember we have a stack of jigsaw puzzles to entertain you. These are not checked out, just free for the taking. If you have any to contribute, drop them off! We just ask that all pieces be present to the best of your knowledge.

Adult Craft Nights begin again on





Wednesday, November 20 from 6:30 to 7:30 pm. This month we're making Distressed Ink Coasters. Adult refreshments are available. Space is limited, so call to reserve a spot for this free evening. Adults only, please. Contact us at: 860-767-1252, staff@ivoryton library.org, www.ivorytonlibrary.org.

Friends of the Essex Library

Have you ever wondered about the value of the books you've contributed to the Friends of the Essex Library?

Although the primary purpose of the book donations that the Friends of the Essex Library receives is for resale, and those book sales are a major contributor to the fund raising that Friends provides to the public library, not all books can be resold. Some are given to various organizations, and the value they have in others' lives can be immeasurable.

For example, one of the areas that the Friends donate those books that we are not able to sell is the York Correctional Facility in Niantic, CT. Jacqueline Stack, a volunteer educator for a University Program at the prison spoke at the Friends Annual Meeting in June. She talked about how desperate some of the inmates are for education, books, pencils and paper. Inmates have said the program 'has broadened my horizon,' opened my eyes to the world,' 'given me different views that I never knew existed' and 'enables me to better myself.' Our Essex Library Book Sale team provides books to this program. When these female inmates were asked what these book donations to the Prison Library means to them, comments such as "they bring life into the prison," 'broaden my vocabulary' and 'affect my life greatly' were heard. They, like so many of us, value reading as a part of enriching and broadening our daily lives.

Another example location where the Friends are donating books and other reading materials is the Rocky Hill Veterans Home. Jennifer Shea, a volunteer, tells us that she serves meals in the main dining hall of the medical building and distributes reading materials from the Friends donations while these veterans wait for their meals.

There are three types of items that these veterans seem to really enjoy:

- Magazines, while they are waiting for their meals,
- Favorite Author Books like James Patterson, Michael Connolly, etc.

continued on page 24



Friends of Essex Library... continued from page 23

• History, specifically autobiographies, with pictures to look at for reference.

In September of this year, the Rocky Hill Veteran's Home will be hosting a Stand Down for Veterans, focusing primarily on homeless veterans. Each veteran will be able to get any medical, dental and other VA services along with a hot meal and ice cream! There will be a "Fun Bag" given to each veteran at this event that will contain a book and some other fun items. Jennifer says that she has been saving up books for this event!

In short, these veterans love the reading materials that the Friends of the Essex Library help to provide while they are at the Rocky Hill Veterans Home and also for the upcoming September event.

SUMMER GIFT SALE IN AUGUST WAS A GREAT SUCCESS!

The Friends of the Essex Library would like to thank everyone who made our first Summer Gift Sale a great success. Your support brought in over \$1,000!! We were thrilled to see the enthusiasm and excitement as people found treasures to take home or give as gifts to others.

We're already gearing up for a Winter Gift Sale starting mid-November through the end of December 2019. Plan to stop by the library and check out the new and 'nearly new' books, CDs, games and other gifts. This year our Winter Gift Sale will be partnered with some special artist works this year!

These gift sales along with our monthly focused book sales and the spring and fall semi-annual book sale events are the primary fund raisers for the Friends of the Library. We appreciate all of the support we receive from all those who buy and donate books, CDs, DVDs and other treasures for these events that support our Essex Library and programs for the entire community.

SWALLOWS CRUISE: OH WHAT A NIGHT!!

September 13th was an evening to remember for all of the folks who jumped aboard the Swallows Cruise sponsored by the Friends of the Essex Library. During this lovely September evening there were eagles and egrets, osprey and swallows in abundance as we cruised along the historic and beautiful Connecticut River aboard the RiverQuest! There was also an amazing sunset and a fabulous full moon that all of those on this cruise enjoyed and photographed.

Many thanks to the RiverQuest crew, to Jim Denham and his terrific commentary, to the Blue Hound Cookery for the great boxed dinners, and of course to all of the folks who were not afraid to buy tickets for a Friday the 13th Cruise!



Middlesex Health: Helping Women at Risk for Breast Cancer

Middlesex Health Cancer Center's Comprehensive Breast Center helps identify women who may be at high risk for breast cancer due to family history or benign breast disease. It also monitors and treats women who have an established high risk for breast cancer and helps patients in treatment or recovery.

Women who are identified as being high risk, or who think they might be at high risk, are encouraged to either make an appointment with the center directly or ask their primary care physician for a referral. Within the center, the scheduling of diagnostic tests and a meeting with a breast surgeon can happen on the same day.

Middlesex Health Cancer Center is accredited by the National Accreditation Program for Breast Centers. The Comprehensive Breast Center is located at 540 Saybrook Road in Middletown. The same services are also offered at the Middlesex Health Shoreline Medical Center in Westbrook. To contact the center, call 860-358-2780.





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ESSEX TOWN HALL

860-767-4340 (Unless otherwise noted)

THE ESSEX TOWN HALL is open 9 a.m. to 4 p.m., Monday through Friday THE LANDFILL AND RECYCLING CENTER is open Mondays, Thursdays, Fridays & Saturdays, 7 a.m. to 3 p.m.

SELECTMEN'S OFFICE Norman Needleman, First Selectman Maria Lucarelli, Assistant Betsy D'Amico, Alyson Finnegan	x114 x112 x145	nneedleman@essexct.gov mlucarelli@essexct.gov afinnegan@essexct.gov
ANIMAL CONTROL OFFICER Caitlyn Sikora	x160	csikora@essexct.gov
ASSESSOR Jessica Sypher, Assessor Betsy D'Amico, Assistant	x124 x123	jsypher@essexct.gov bdamico@essexct.gov
BUILDING DEPARTMENT & FIRE MARSHAL Dave DeLeeuw, Building Official John Planas, Fire Marshal Darcy Roper	x117 x146 x144	ddeleeuw@essexct.gov jplanas@essexct.gov droper@essexct.gov
FINANCE DEPARTMENT Kelly Sterner, Director of Finance Dana Novorio, Assistant James Francis, Treasurer	x122 x116 x127	ksterner@essexct.gov dnovorio@essexct.gov jfrancis@essexct.gov
HEALTH DEPARTMENT Lisa Fasulo, Director of Health Kerry Berardinelli	x118 x119	lfasulo@essexct.gov kberardinelli@essexct.gov
LANDFILL/RECYCLING CENTER Mike Birner, Supervisor Bill Armstead	860-767-19	26
PARK AND RECREATION COMMISSION Mary Ellen Barnes, Director Tim LaChance	x110 x148	mbarnes@essexct.gov tlachance@essexct.gov
PLANNING DEPARTMENT	x150	planner@essexct.gov
PUBLIC WORKS Ryan Welch, Director Richard Gallacher, David Martin, David Massey	860-767-07 x161	15 rwelch@essexct.gov
REGISTRARS OF VOTERS Caitlin Riley John Heiser	x142 x142	registrar@essexct.gov criley@essexct.gov jheiser@essexct.gov
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SOCIAL SERVICES Mary Ellen Barnes	x201	mbarnes@essexct.gov
TAX COLLECTOR Megan Haskins, Tax Collector Lynne Skinner, Assistant	x120 x121	mhaskins@essexct.gov lskinner@essexct.gov
TOWN CLERK Joel Marzi, Town Clerk Yvonne Roziak, Assistant	x129 x128	jmarzi@essexct.gov yroziak@essexct.gov
TOWN HALL OPERATIONS Maintenance Andrew Harrington	x136 x136	maintenance@essexct.gov aharrington@essexct.gov
ZONING ENFORCEMENT Joe Budrow, Enforcement Agent Kerry Berardinelli	x115 x119	jbudrow@essexct.gov kberardinelli@essexct.gov

www.essexct.gov

Over \$1000 Raised for Alzheimer's Association!

On Saturday, August 10th, car enthusiasts, local businesses, and volunteers came together at The Saybrook at Haddam for a car show benefitting the Alzheimer's Association. There was a DJ, live music, food, and a raffle. Approximately 59 classic, vintage, and cool cars, trucks, fire trucks, and even an ambulance, showed up to raise money to help end Alzheimer's Disease.

Everyone enjoyed seeing the variety of vehicles, learning the stories behind them, and felt an overall sense of community; all while listening to music and eating burgers and hot dogs grilled to perfection by none other than the Executive Director, himself – Perry Phillips.













At the end of the day, over \$1000 was raised. The Saybrook at Haddam continued to raise funds for this very important cause with activities such as Dress Down Friday, a raffle which was drawn on October 16th, and participation in the Walk to End Alzheimer's on September 14th at Ocean Beach Park in New London. "We couldn't be more pleased with the response and support that we received from the community," said Kathy Hallett, Safe Harbor Director. "The Saybrook at Haddam wishes to thank everyone - the car owners, local businesses, and volunteers - for making this event such a tremendous success," says Phillips. The Saybrook at Haddam is a premier senior living community located in Haddam, Connecticut, founded in 2009 to help older adults maintain their independence and enjoy a high quality of life. There are 79 spacious independent and assisted living apartments where residents enjoy three meals per day, weekly housekeeping, transportation, social and recreational programs, and 24 hour nursing staff. Safe Harbor, a secure memory care neighborhood, provides specialized care for up to 26 residents suffering from Alzheimer's, dementia, or other memory-related conditions. For more information, please visit www.The-SaybrookAtHaddam.com or like us on FaceBook.

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The Essex Foundation, Inc.

The Essex Foundation continues its stewardship and support of a number of diverse and local projects. Recently, the Elizabeth Barnes Callender and Mary Francis Barnes Annual Scholarship, was presented to Silvia Gopalakrishnan who is a 2019 Valley Regional High School graduate. The \$3,000 award is available each year to one Valley Regional High School graduating senior or graduate, or an Essex resident, who is pursuing studies related to land conservation and preservation at a two or four-year college, a technical school, or graduate school, or taking accredited courses in biology, botany, agronomy, ecology, horticulture, floriculture, forestry, landscape design, or environmental science.

The Foundation also provided funding for five scholarships for the Essex Park & Recreation summer camp at Essex Elementary School, and for the ongoing operation and maintenance of the Bumpy Warner Youth House on Bushnell



The Essex Foundation continued its gateway beautification work with juniper, Norway spruce, Canadian hemlock, and Chanticleer pear trees installed along the western slope of the Route 9 overpass between Routes 154 and 153.

Essex - Community Listings

HOUSES OF WORSHIP

All Saints Episcopal Church	(860) 767-1698
First Baptist Church	(860) 767-8623
First Congregational Church	(860) 767-8097
Ivoryton Congregational Church	(860) 767-1004
Our Lady of Sorrows Church	(860) 767-1284
St. John's Episcopal Church	(860) 767-8095
Trinity Lutheran Church	(860) 767-0228

CLUBS AND ORGANIZATIONS

Ancient Order of Weeders
Democratic Town Committee
Community Foundation of Middlesex County (860) 347-0025
Essex Board of Trade
Essex Boy Scouts of America (860) 304-9027
Essex Community Fund
Essex Cub Scouts of America (860) 790-0681
Essex Garden Club (860) 388-7209
Essex Historical Society (860) 767-0681

Essex Lion's Club
Essex Land Trustinfo@landtrust.org
Essex Little League www.essexlittleleague.org
Essex Veterans Memorial Hall (860) 767-8892
F.I.S.H
Ivoryton Company of Fifers & Drummers
lvoryton Village Allianceinfo@ivorytonalliance.org
Lower Valley Visiting Nurses
Republican Town Committee
SCORE Mentors
The Shoreline Soup Kitchens
Tri-Town Youth Services Bureau
9 Town Transit

SCHOOLS

Essex Elementary School	. (860) 767-8215
John Winthrop Middle School	. (860) 526-9546
Superintendent	. (860) 526-2417
Valley Regional High School	. (860) 526-5328

Street used by the Boy Scouts as well as for other scout-related projects.

In addition, the second phase of the overhaul work on the Town Clock housed in the tower of the First Baptist Church was completed and co-funded with the Town of Essex, and the third phase of the Essex gateway beautification project got underway. Newly planted junipers, Canadian hemlock, Norway spruce and Chanticleer pear trees now line the western slope of the highway bridge overpass between Route 154 and Route 153.

The Essex Foundation, Inc. is a nonprofit 501(c)(3) organization dedicated to making a difference in the lives of Essex residents. It is funded through donations from the community and strives to fill needs not met by other organizations or sources. In general, funds are granted for special purposes that usually require quick action and have an immediate impact, such as buildings, equipment, land, and programs, but not to recurring expenses. More information can be found online at: www.theessexfoundation.org or by emailing: contact@theessex foundation.org.

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Rallying for Bully-Free Communities



Students from Essex, Chester and Deep River participated in team-building activities at the 6th annual Rally For Bully-Free Communities organized by the Council of Business Partners at the Community Foundation of Middlesex County. Over 400 students and educators from schools in Middlesex County and beyond attended the event which included inspirational speakers and a presentation of the Bully-Free Communities Spotlight Award to the CT Youth Excellence Project.





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Samuel Smith 860.705.8340





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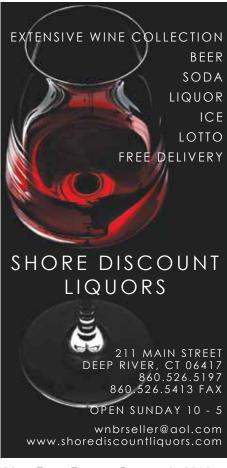
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Rock 'n' Roll Folk Hero, Santa Claus & Hollywood Star Coming to Ivoryton!



Painting by CHARLES BANKS WILSON. Usage courtesy of the artist and the Oklahoma State Senate Historical Preservation Fund, Inc.

WOODY SEZ, Opening on October 23rd

The Life and Music of Woody Guthrie is a joyous, toe-tapping, and moving theatrical concert event that uses Woody's words, and over twenty-five of Woody's songs to transport the audience through the fascinating, beautiful, and sometimes tragic life of Woody Guthrie. The Rock and Roll Hall of Fame calls Woody Guthrie "the original folk hero; a man who, in the Thirties and Forties, transformed the folk ballad into a vehicle for social protest and observation and in so doing, paved the way for Bob Dylan, Bruce Springsteen and a host of other folk and rock songwriters who have been moved by conscience to share experiences and voice opinions in a forthright manner." Woody Guthrie gave voice to the beauty and struggles of the common man and WOODY SEZ gives the same to the spirit of the man himself. Runs until November 10th.

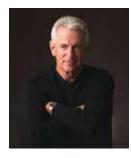
10TH ANNUAL IVORYTON ILLUMINATIONS

Fall quickly turns into the holiday season - the brightest and merriest time of the year for Ivoryton! Save the Date of Saturday, December 7th for the 10th Annual Ivoryton Illuminations. Santa arrives and 500,000 lights are switched on throughout the village. The lights are on throughout the month of December.



A CHRISTMAS CAROL IN CONCERT

To celebrate the holiday season, we have two very special shows to delight audiences of all ages. Academy Award nominated and Golden Globe winner, Kathleen Turner, left, comes to Ivoryton on Sunday December 8th and Monday December 9th to star as Scrooge in A Christmas Carol in Concert. The production, premiering at the Ivoryton Playhouse, also stars James Naughton as Marley, pictured on the next page above right, and the Ghosts and will feature an original score by John Forster performed on stage by members of the New Haven Symphony



Orchestra. Experience the holiday magic of this intimate performance inspired by spoken on-air radio performances that were popular in the 1920s. Funds raised from these performances will be used to purchase a new sound system for the Playhouse.

AN ACTOR'S CAROL

Finally, bring the whole family to the Ivoryton Playhouse for An Actor's Carol on stage from December 13th -December 22nd for 10 performances. Burned-out actor Hugh Pendleton, not-so-fresh from playing Scrooge one too many times in the backwater community theatre where his once promising career has met its unglamorous end, is surprised to encounter three spirits of his own in this quirky and compelling ode to the holiday classic.

Visit: www.ivorytonplayhouse.org for more information or call our box office at: 860-767-7318 to purchase tickets.

Join the Sailing Masters of 1812 for Autumn in Essex



Mother Nature has turned the page on another delightful summer in Essex. The warm strolls, outdoor concerts, and excursions on the CT River have given way to cool autumn breezes, and bursts of color on the trees in the river valley. And Essex is ready to once again celebrate the change of seasons. Scarecrows and Jack-O-Lanterns will be welcoming visitors to town; and you can almost hear the cries of "Trick or Treat!" from the witches, ghosts and goblins who will come from near and far to Essex for the traditional Halloween costume parade. Children, adults (and dogs!) alike revel in parading down Main Street, enjoying apple cider and popcorn, then beginning the serious business of going door to door collecting Halloween swag. Essex will next kick off the holiday season on Thanksgiving weekend in classic Essex style with its very **continued on page 34**



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Sailing Masters... continued from page 33

unique "Trees in the Rigging" lantern-lit parade and carol stroll down Main Street, followed by the colorful boat parade off the town dock.

Who will you see in the lead for of all of this? Why, that would be the Sailing Masters of 1812 of course. The Sailing Masters of 1812 of Essex, CT is the Fife and Drum Corps which is a part of living history, and proudly represents Essex whether wearing our distinctive War of 1812 Naval Uniforms, or dressed as Halloween hobgoblins.

Essex celebrates all four seasons, and so do the Sailing Masters. If you would like to really experience everything about Essex throughout the year, the Sailing Masters invite you to "Come Aboard!" No previous musical experience is required. Come celebrate Essex with us and discover a wonderful world of music and fun.



You can chose from fife, snare drum, bass drum, and color guard (carry a flag.) For more information please call Vicki Miorelli at: 860-212-1606 or email at: captainvicki1812@gmail.com; or Joe Diedrich at: 203-901-0945 or email at: gatossn615@yahoo.com.

Essex Land Trust Earns National Recognition



Sound Finances
Ethical Conduct
Responsible Governance
Lasting Stewardship

Editor's Note: Following is the press release announcing the Essex Land Trust's accreditation by the national Land Trust Alliance. The Board is very proud to accept this recognition after a lengthy and exhaustive process which has spanned the past 2 years. Coordinated by Board member Joel Anik and assisted by President Nancy Rambeau, Vice President Bob Nussbaum and Archivist Cynthia Field, this achievement coincides



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34 Essex Events • Quarter 4 • 2019

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with our recent 50th Anniversary milestone. Accreditation is a mark of distinction that will enable Essex Land Trust to maintain public confidence by enabling the organization to review and implement policies and procedures to improve operations that lead to more effective land conservation. It also provides third party assurance of quality and permanence of land conservation and is demonstrative of a strong, effective organization that can be trusted.

STRONG COMMITMENT TO PUBLIC TRUST & CONSERVATION EXCELLENCE

One thing that unites us as a nation is land: Americans strongly support saving the open spaces they love. Since 1968 the Essex Land Trust has been doing just that for the people of Essex. Now the Essex Land Trust is announcing it has achieved national recognition - joining a network of over 400 accredited land trusts across the nation that have demonstrated their commitment to professional excellence and to maintaining the public's trust in their work.

"Accreditation gives the Essex Land Trust the opportunity to commit itself to the highest standards of conservation excellence while it pursues its mission of protecting the environment and the small-town character of the Town's three villages, Essex, Centerbrook and Ivoryton," said Nancy Rambeau, the land trust's President. "The rigorous accreditation process ensures that the land trust's effort to preserve our community's open space and natural resources will benefit both current and future generations."



continued on page 36



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Essex Land Trust... continued from page 35

The Essex Land Trust provided extensive documentation and was subject to a comprehensive third-party evaluation prior to achieving this distinction. The Land Trust Accreditation Commission awarded accreditation, signifying its confidence that Essex Land Trust's lands will be protected forever. Accredited land trusts steward almost 20 million acres of land - the size of Vermont, New Hampshire, Massachusetts, Connecticut and Rhode Island combined.

Essex's privileged location in the lower Connecticut River Valley gives it a responsibility in providing long-term stewardship for its portion of what The Nature Conservancy has identified as "One of the Last Great Places in the Western Hemisphere." Owning a total of 650 acres, the land trust has pursued a strategy of acquiring open space that expands habitat corridors, thereby enhancing the potential for plant and wildlife diversity. "It is exciting to recognize the Essex Land Trust with this national mark of distinction," said Tammara Van Ryn, executive director of the Commission. "Donors and partners can trust the more than 400 accredited land trusts across the country are united behind strong standards and have demonstrated sound finances, ethical conduct, responsible governance, and lasting stewardship."

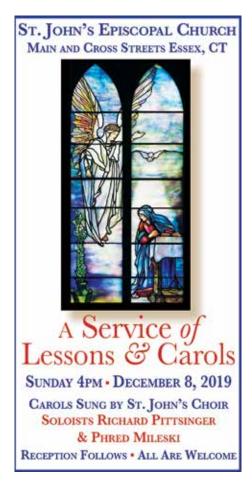
Essex Land Trust is one of 1,363 land trusts across the United States according to the Land Trust Alliance's most recent National Land Trust Census. A complete list of accredited land trusts and more information about the process and benefits can be found at: www.landtrust accreditation.org.

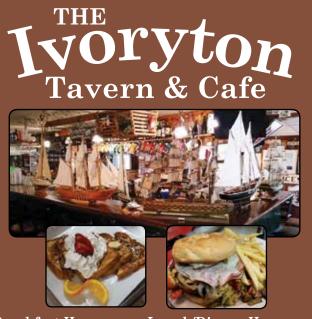
The Essex Land Trust will now proudly feature the Land Trust Alliance's seal of excellence in all its communications.

ABOUT THE LAND TRUST ALLIANCE

Founded in 1982, the Land Trust Alliance is a national land conservation organization that works to save the places people need and love by strengthening land conservation across America. The Alliance represents 1,000-member land trusts supported by more than 200,000 volunteers and 4.6 million members nationwide. The Alliance is based in Washington, D.C., and operates several regional offices.

The Alliance's leadership serves the entire land trust community-our work in the nation's capital represents the policy priorities of land conservationists from every state; our education programs improve and empower land trusts from Maine to Alaska; and our comprehensive vision for the future of land conservation includes new partners, new programs and new priorities. Connect with us online at: www. landtrustalliance.org.





Breakfast Hours Tues-Fri 6:00 am – 9:45 am Sat. 7:00 am – 9:45 am Sun. 7:00 am – 10:15 am

Lunch/Dinner Hours Tues-Wed: 11:30a.m. – 8:30p.m./Bar 9:30p.m. Thurs-Sat: 11:30a.m. – 9:00p.m./Bar 10:30p.m. Sunday: 12:00p.m. – 8:15p.m./Bar 9:00p.m.

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1 Foxboro Road, Essex | Essex waterfront signature property is reborn-total renovation of the 1870 Victorian style house. Offered at \$2,995,000



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36 Atlantic Drive, Old Saybrook | Located in desirable Knollwood and only a few minutes walk to the sandy beach. Offered at \$1,100,000



1 Sill Lane, Old Lyme | Special blend of the old and the new. Offered at \$995,000



99 Book Hill, Deep River | Idyllic charming country retreat with pond Offered at \$785,000



36 Gates Road, Essex | Antique Classic Stephen Starkey Circa 1847 home is surrounded by flowering shrubbery. Offered at \$449,000





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Upcoming Essex Land Trust Events

Essex Land Trust welcomes everyone to attend any of our upcoming programs. For more details download our Calendar of Events brochure from our website at: www.essexlandtrust.org. All events are free.

Saturday, October 26, 6:00 pm STARGAZING WITH THE NEW HAVEN ASTRONOMICAL SOCIETY - Johnson Farm, Walnut Street, Ivoryton.

Join us for this unique opportunity to learn what we see in the late October skies during the New Moon. Experts from the New Haven Astronomical Society will bring telescopes for us to observe the stars, deep sky galaxies, nebula and clusters close-up. Maybe even Saturn before it sets. All ages welcome. Parking in designated location at the farm, 77 Walnut Street, Ivoryton. Rain date: October 27.

Saturday, November 16, 9:00 am CROSS LOTS FALL CLEAN-UP - Cross Lots Preserve, 40 West Avenue, Essex.

Cross Lots lovers and dog walkers join us in putting this Land Trust preserve to bed for the winter, get a mild workout and connect with your neighbors in a beautiful setting, including our butterfly garden. Refreshments will be provided. Please bring rakes, blowers and tarps. Families welcome. Rain date: Sunday, November 17.



Saturday, December 14, 10:00 am Year-end Inaugural Hike at Woodja Hill Preserve. Meet at Oxbow Lane entrance which is accessed from Book Hill and Meadow Woods Roads.

This 18.5 acres of ridge property was purchased in 2018, with assistance from the State of Connecticut and the Town of Essex.



43 Main Street - across from The Griswold Inn | Essex, CT 06426 860-767-2067 | email toysahoy43@gmail.com It is connected to 3 other properties: Doanes Woods, James Glenn and Lyons Woods (Deep River Land Trust) for a total of 50-acre green way. The wildlife habitats include open field, upland forest, forested wetland and a beaver pond. This property has been used as pasture land and has many stonewalls and several large rock outcroppings. It is home to beavers, duck, Green Heron, owls and even flying squirrels. The trees are mostly hardwood.

Thursday, January 23, 7:00 pm (Snow date: January 28) WOODJA HILL MEADOW

What is The Blue Plan - Essex Town Hall, 29 West Avenue.

Christian Fox, the Coordinator for The Nature Conservancy-Connecticut's Long Island Sound Blue Plan Outreach, will make a presentation about The Blue Plan, reviewing the plan and the policies it contains.

He will walk participants through the use of the online map viewer and states: "The Blue Plan will protect ecologically important areas and the existing water-dependent uses of Long Island Sound. The Plan provides information, guidance, and tools that regulators, project applicants, and the general public can use when planning for the Sound's future.

The Plan pulls together disparate information about all aspects on LIS and presents it in a whole-picture form that has never existed before. This allows for better coordinated decision-making, and helps ensure important aspects of the Sound are not overlooked."

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Essex Tree Committee

In the Town of Essex there are 1,736 inventoried trees. In 1990 the Town established the Essex Tree Committee in order to maintain this extensive tree inventory. Funding for tree care and plantings comes from the Town, various grants, and private donations. The Committee currently consists of the Town Tree Warden as an ex-officio member and six volunteer members that are appointed by the Board of Selectmen. Since 1993, the Town has planted 296 new trees, 14 of which have been planted this year. For more information or if you would like to consider the gift of a tree in memory of a loved one, please call the Tree Warden at 860-388-7209.

Listed below are the trees that have been planted throughout the Town of Essex:

- Ivory Silk Lilac
- Eastern Redbud
- Cherry
- Red Sunset Maple
- Hawthorn Winter king
- Eastern Red Cedar
- Sweetgum

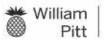


and North Main Street.



Swamp White Oak at the corner of Ingham Hill Road and Route 153.





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Offered at \$1.295,000 Water Views

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Offered at \$1,185,000



Old Saybrook Waterfront /Dock.

5 & 7 Bay View Avenue Offered at \$945,000



Offered at \$700,000 Offered at \$775,000 Six Acres



Essex Village Water Views 24 Mack Lane Essex **Quiet & Private**



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The Probate Court and You

The classic definition of real property is land and everything attached or affixed to it by nature or the hand of man, from the core of the earth to the center of the heavens. When a person dies owning real property in Connecticut, the Probate Court assists in a number of ways to ensure title to that property is either distributed to the heirs or beneficiaries of the person who died, or by helping to ensure clear title so that the property can later be sold.

A common scenario arises when one spouse in a married couple passes away, and all assets, including their home, are jointly titled. It is a mistaken belief that because the real property is held jointly, that probate involvement is unnecessary. The Probate Court is designated by the legislature to determine whether a decedent died with a Connecticut taxable estate. When an estate is deemed to be nontaxable, the Probate Court issues a release of lien that gets recorded in the land records in the town where the decedent owned the



real property. This release of lien is required for the eventual sale of the home. In the scenario where all assets are jointly owned between spouses, full probate may not be needed, and a Tax Purposes Only Estate may be appropriate.

Tax Purposes Only Estate - If a person dies owning no solely owned assets (can own joint assets or assets that pass by beneficiary designation such as life insurance), the Probate Court can issue a release of lien for any real property jointly held

once the following paperwork has been filed: certified copy of the decedent's death certificate, the deed to the real property, and a Connecticut Estate Tax Return (Form CT -706 NT) if assets total \$3,600,000 or less in 2019. For further information, contact the Saybrook District Probate Court at: 860-510-5028.

Judge Jeannine

Lewis, Saybrook

District Probate Court.

**Please note: The Saybrook District Probate Court serves 9 towns: Chester, Clinton, Deep River, Essex, Haddam, Killingworth, Lyme, Old Saybrook and Westbrook.

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Human Trafficking – Our Problem to Solve

Publisher's Note:

This is Part 2 of a special three-part series in Essex Events Magazines. In Part 1 (available on our website), we began to examine human trafficking - specifically domestic minor human trafficking - and how it is a very real backyard issue in CT. This was highlighted by a human trafficking sting operation conducted by the Guilford Police Department in January of 2018. In this article, we examine just how vulnerable our children are as well as the toll that this insidious crime has on those impacted. Special thanks to **Madison Just**, a recent graduate of Valley Regional High School for her diligent work in researching this topic, conducting interviews, and drafting these reports. Many thanks also to **Chief Jeffrey Hutchinson and Lieutenant Timothy Bernier** of the Guilford Police Department and **State's Attorney Brian Sibley** for their open discussion about human trafficking and the ongoing efforts being made in Connecticut to confront the issue.

The Risk is at Our Fingertips

The truth is that any child can be trafficked, and the basic systems we use every day are the resources. All social media platforms, including Facebook, dating apps, other platforms like Xbox and PlayStation, and any laptop are potential means to a human trafficking scheme. The innocence of children provokes curiosity. They tend to trust anyone with whom they interact, making them more susceptible to accidentally connecting with a criminal. As Chief Hutchinson notes, "Sometimes [children] do not have a lot of friends and are looking for someone to connect with." The

anonymous factor of being behind a keyboard or device makes the potential victim more likely to do or say something that they would never do in person.

There is increased risk to youth because there is not always a way to track the exploiters or buyers. Indeed, according to CT Department of Children and Families (CT DCF), 80% of youth trafficking occurs online. People can communicate with people and they have no idea who the other person really is. As "The crime does not take place out on the streets... instead it is being brought into houses electronically. With platforms via the internet, a trafficker can be sitting in a basement, be anywhere." explains Chief Jeffrey Hutchinson of the GPD.

212 referrals, respectively, of children at high risk or confirmed trafficking victims. No part of CT is without a victim. No town or neighborhood in CT is safe. Children become a trafficker's property and are treated as such. Sometimes there are no obvious outward signs of that connection. In other cases, children have even been tattooed (in some cases with barcodes on the back of their necks) to link them to a specific trafficker. It takes less than 30 minutes for a child to be "sold" and end up in a home or motel. And if the visit with the child takes too long or not

enough money is brought back, the child may be beaten. A child may be "sold" 5-25 times a night. Victims in CT have been as young as 2 years old. Attorney Sibley, the lead state prosecutor for human trafficking investigations in CT, notes that often the only way for a child to get through the trauma is via drugs and alcohol - the escape tools. Addiction can follow.

A victim speaks

Domestic minor sex trafficking isn't about runaways. CT DCF statistics show that 63% of victims reside with a parent/guardian at the time of exploitation. The trafficking often occurs on weekends or after school. This March at the Tolland Middle School a panel of experts in the field spoke about human

trafficking and the toll it takes. Among the panel members was a survivor who was there to tell her story.

The woman, now 22, reported sex abuse by a family member in 2008. Nothing happened. Her parents "made it all go away." She felt alone, not worthy of kindness. She met a man online. He told her how beautiful she was, how he loved her. He asked about her sporting events. As time went on, he asked for photos. Then, it was videos. Then, it was sex acts and videos for the man and his friends. From age 13 to 15, she was groomed and then trafficked.

continued on page 44

Hutchinson explains, "The crime does not take place out on the streets...instead it is being brought into houses electronically. With platforms via the internet, a trafficker can be sitting in a basement, be anywhere." A smart device can have hidden apps or hidden storage locations that link to other platforms where the grooming and trafficking occurs. Something as simple as sending a photo via text can bring a trafficker closer to a child since the metadata embedded in the text provides him/her with geo-locational information.

The nature and extent of child sex trafficking in CT is shocking. The CT DCF reports that, in 2017 and 2018, there were 210 and

Human Trafficking... continued from page 43

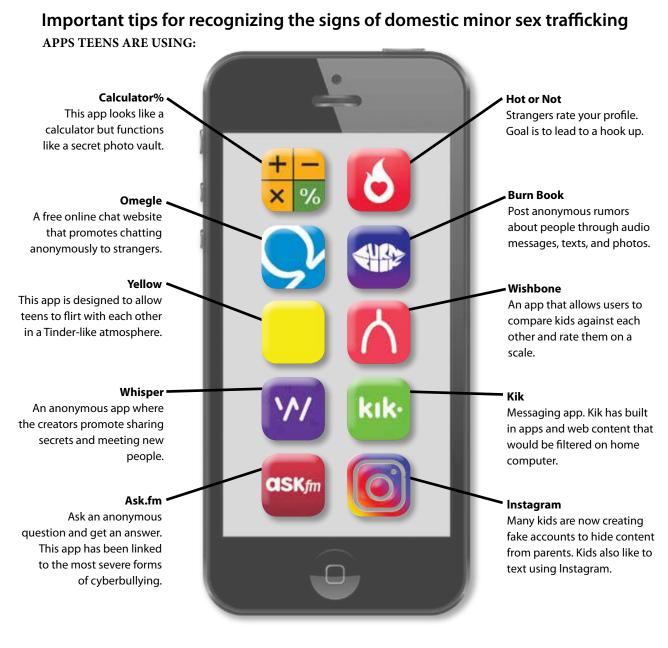
"Some days are very hard," the young woman noted. "I feel very hopeless, very broken. I felt like I would always feel broken. I had to remind myself that someday I would sit with someone similar and be able to say that this passes. You won't feel like that forever." For a long time, she felt like she was just a body. "I learned that I am so much more than that," she explained. A slogan was developed: 'You are Seen.' Found on wristbands, stickers and t-shirts, it serves as a message for those wearing them. "Remember to be looking," she urges. "When you are looking at people never assume someone else is doing something about it. You can be surprised what can be missed. I share since I hope this won't be someone else's story." As to her continued recovery, she credits "the dramatic difference it makes in a life when you see a person as something of value." that the victims of sex trafficking are actual human lives. Many victims - traumatized to the core - are unable to be in a courtroom to face the perpetrator because it is simply too difficult to talk about the horror. "There is a human being at the other end of this," he underscores. "When you are face to face with a victim, it is indescribable. If you can get the victim out of the situation and on a path to recovery, where they get their self-esteem back, where they know that someone cares about them - then to watch that transformation is indescribable."

If you are being trafficked or you suspect someone you know is being trafficked, please call:

For trafficking of children in Connecticut:

1-800-842-2288

For the national human trafficking hotline: 1-888-373-7888



Attorney Sibley emphasizes that the young woman is a reminder

SNEAKY TEEN TEXTING CODES What your teen's texts really mean.

LH6 = let's have sex **KYS** = kill yourself CD9 = code 9 . parents around 99 = parents are gone **LMIRL** = let's meet in real life **MPFB** = my personal f * * * buddy **ASL** = age/sex/location **KOTL** = kiss on the lips HAK = hugs & kisses **KPC** = keeping parents clueless 1174 = meet at a party spot **ADR** = what's your address **GYPO** = get ya pants off **CU46** = see you for sex **WTTP** = want to trade photos? GNOC = get naked on camera

> Trim these items out for your own information.

Warning! Online Predator

A guide for discussion with your children.

Below are common tactics that are used by predators. For more information see our 'Toolbox' Visit: www.Vets4ChildRescue.org Veterans for Child Rescue, 501c3: End Trafficking Now

PREDATOR SAYS	WHAT IT MEANS
What are you doing right now?	Predator trying to see if you're alone or with others.
Let's go private.	Let's go private chat, messaging or phone call.
Do you like music? What do you like to do?	Helps predator know your vulnerabilities.
Can I help you become a model?	Making you feel " <i>special</i> " to get what they want.
Are you upset?	Trying to gain your trust, acting like they truly care.
Where do you live? What school do you go to?	Predator feels you trust them enough to ask.
Do what I say, or I will send the pics to family and friends.	Predators use fear to make you do what they want.
I love you.	Predator wants you to meet with him.





Jim Jr.

Katie Jim Sr.

The **last word...** Presented by Coldwell Banker - Margaret Morgan & Peg Mitchel

The Hartford Whalers – Forever and Always



H

The iconic logo is omnipresent. There are Hartford Whalers hats, t-shirts, and sweatshirts seemingly everywhere. It doesn't take much to get the conversation going. Bumping into someone with Whalers' gear spawns a trading of stories, a bonding moment full of laughs and nostalgia. Why do we still care so much, yearn for the past, and continue to hope for the future?

Alums like Chuck Kaiton, the beloved voice of the Whalers and John Forslund, former Whalers PR director/television broadcaster and now television broadcaster for the Carolina Hurricanes and NBC, provide some answers.

They fondly recall the Whalers as a pioneering organization that focused its efforts around the community and the fans. Together, they can compile a number of firsts: the first National Hockey League (NHL) team to earmark a charity as its own (the UConn Children's Cancer Fund); the first NHL team to have a team store right in the arena; the first NHL team to boast a blimp that dropped prizes and gift certificates to the crowd. Kaiton points out that the Whalers came up with the idea for a skills competition for the 1986 All-Star game held in Hartford. The team spearheaded youth hockey development that ultimately evolved into today's local elite programs. "We were ahead of our time," said Kaiton. "Speaking engagements, school visits. It cemented the relationship between the team and the community. The 1980s were a great period with a lot of innovation that has carried into today."

Forslund agrees. The tradition continued into the 1990s with events like the "Tip-

a-Whaler" fundraiser (soon after adopted by the Kings) and Casino Nights (also later in vogue). "When we had PR and marketing meetings, we talked about programs with high schools and boys and girls clubs. It was grass roots." The community connection remains, he says, due to the hands on nature of the team.

The history is also special - beginning with the upstart World Hockey Association (WHA) to become the only U.S. based WHA team to enter the NHL in 1979. There are so many names and moments. Gordie Howe, of course. The playoff run in 1986. And there were the low moments. The Ron Francis trade in 1991. The ultimate heartbreak? The move to Carolina.



Ulf Samuelsson signing a hockey puck at the "Tip-a-Whaler" fundraiser. Photo by Diane Sobolewski Photography.

by Sigrid Kun

The Whaler passion endures. For the past three years, the Hartford Yard Goats host a Whalers Alumni Weekend. "It's terrific," says Kaiton. He, among other Whalers, attends every year. The weekend kicks off with tradition - visiting patients at the UConn Health Center. A luncheon on Saturday precedes the first pitch that is thrown out by the Whalers alumni. There is an autograph session.

The Whalers Booster Club continues a presence. Once down to 30 or so members it is 140+ strong.

The club meets monthly. It provides for an annual scholarship for a CT student, organizes a trip to see at least one NHL game a year, and continues to hope for a Whalers return. "We do what we can to try to bring back a team," says Mark Anderson, a member since 2011. "Since we can't do it with money, we keep the name out there. We keep the spirit alive."

There are Whalers, too numerous to mention, still making a hockey impact. A few examples include; Joel Quenneville (Florida Panthers' coach), Dave Tippett (Edmonton coach), Ron Francis (Seattle GM), Mike Liut (agent), Ray Ferraro (broadcaster), and Mark Johnson (University of Wisconsin women's coach).

Both Kaiton and Forslund refer to the Whalers in terms of "we." Kaiton was there for the NHL start. "I was the luckiest person to be chosen and to broadcast from day one. I will never forget it. The relationships with management, the players, the fans ... so passionate. I really cherish the memories. 18 years - I wish it were 28 or 38." Forslund joined the Whalers shortly after the Francis trade. "We were doing damage control," he recalls. The ticket base went from over 11,000 to around 6,000." But there were still high moments. "We got through a lot of adversity. The fans came back. We wanted to be more competitive. The team was good enough to make the playoffs."

Forslund vividly recalls broadcasting the last Whalers game. It took

him until a few years ago to actually watch. He wasn't sure he had done the moment justice. "It was the toughest thing I've ever done in my career," he notes. "How do you go on the air for the last game? There's no playbook for closing a franchise and leaving a city. How do you present that so it makes sense...is poignant. No one wanted to see it happen. We did [the broadcast] in the right way. You could feel the emotion of the fans."

As Kaiton puts it the Whalers years "were special years and it was a special place." The same goes for Forslund. "That's the one thing to convey, how special that time was…It was like family."

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